

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING
WEDNESDAY, JULY 9, 2014, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, July 9, 2014, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Carl W. Brown, Catherine S. Herdering, Barbara Leonard, Nancy Gracey Moschel, Virginia Lee Rapp, and Alice S. Lau; GRF representative and ex-officio member. Sherry S. Smith was excused. Also attending were Diane C. Guilfooy, President, and Geraldine Pyle, Vice President, GRF; Warren T. Salmons, CEO, Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; and three residents. Attendance

The report of the Committee's meeting of June 11, 2014, was accepted as presented. Report Approved

The Chairman reported that during June 2014 there were 11,937 visits to the Fitness Center. The Chairman then welcomed new Committee member, Ms. Rapp, and thanked former Committee Chair, Carol A. Green, for her work. Chairman's Report

Ms. Leonard volunteered to be Vice Chairman, and Ms. Moschel volunteered to be Secretary. Officers Selected

Mr. Brown thanked staff for its work on clarifying that certain trainer activities in the Fitness Center did not meet criteria needed for a permit from the city regarding massage. Ms. Herdering complimented Mr. Matheson on excellent write-ups for the agenda packet and a recent email response. Thank You to Staff

Ms. Henzel reported that all equipment is operating except one treadmill. Staff Report

Ms. Lau reported that the GRF Board was no longer actively considering merging the Aquatics Advisory Committee and the Fitness Center Advisory Committee. GRF Board Report

The Chairman noted that working on publicity is the responsibility of the entire Committee to keep information about the Fitness Center current and useful to residents. Mr. Brown suggested that a fair be held in the Sierra Room featuring various activities and clubs that use the Fitness Center. This might be best in the fall or spring. Publicity

A lengthy discussion was held about the proposed draft 2015 Fitness Center budget, including the level of training staff and how it should be utilized for instruction and to monitor safety. Staff will bring revised recommendations to the next meeting based on input received. Draft FCAC 2015 Budget Discussed

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A discussion was held on possible revenue generating options. Staff will bring revised recommendations to the next meeting based on input received.

Revenue
Generating
Options/
Next Mtg.
8/13/14

The next regular meeting of the Committee will be on Wednesday, August 13, 2014, at 9:30 a.m. in the Board Room at Gateway Complex.

The meeting was adjourned at 11:30 a.m.

Adjourn-
ment


Claudia Tierney, Chairman
Fitness Center Advisory Committee

NGM/kv

Attachment: Fitness Statistics