

## FITNESS CENTER ADVISORY COMMITTEE REPORT

### REGULAR MEETING

THURSDAY, NOVEMBER 12, 2015, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Thursday, November 12, 2015, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Barbara Leonard, Vice Chairman, Attendance Sherry S. Smith, Secretary, Catherine S. Herdering, Edson L. Montgomery, and Melvin C. Fredlund, GRF Board representative and ex-officio member. Carol A. Green and Virginia Lee Rapp were excused. Also attending were Leslie Birdsall, President, and Geraldine Pyle, Director, GRF; Jeffrey P. Matheson, Director of Resident Services; and one resident.

The report of the Committee's regular meeting of October 21, 2015, was approved Report as presented. Approved

The Chairman reported that there were 13,759 visits to the Fitness Center in October. Mr. Matheson reported that 1,200 key tags have been distributed thus far. Chairman's The tally of the total visits in October represents a combination of residents signing Report in and those using the key tags.

Ms. Herdering announced that Friends of the Rossmoor Community is a new club New Club being formed with the initial goal of raising money to assist in financing the Forming renovation of the Del Valle Complex.

Ms. Smith reported that one of the recently purchased reconditioned True Elliptical Staff machines in the entry way is not working properly. Other than that, Mr. Matheson Report said that all other equipment is in good working order.

A discussion ensued regarding the recommendation to add a facility use fee for Facility Use clubs that sponsor fee based classes and lessons at Del Valle. Given the many Fee clubs and various iterations, Ms. Herdering requested a list of all the different clubs Discussion using GRF facilities to also include information on the teachers (whether contract, hired by the Club, or taught by a resident).

The Chairman commended the list of Fitness Center accomplishments of 2015 and 2015 goals for 2016. Accomplish-  
ments and  
2016 Goals

Fitness Center Advisory Committee  
Regular Meeting

-2-

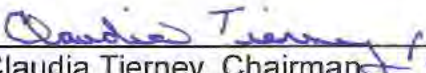
November 12, 2015

The meeting was adjourned at 10:25 a.m.

Adjourn-  
ment/

The next regular meeting of the FCAC will be held on Wednesday, January 13, 2016, at 9:30 a.m. in the Board Room at Gateway Complex.

Next Mtg.  
1/13/16

  
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Claudia Tierney, Chairman  
Fitness Center Advisory Committee

SSS/kv

Attachment: Fitness Center Statistics