

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING
WEDNESDAY, JULY 8, 2015, AT 12:00 P.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 12:00 p.m. on Wednesday, July 8, 2015, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Carol A. Green, Catherine S. Herdering, Barbara Leonard, Edson L. Montgomery, Virginia Lee Rapp, Sherry S. Smith, and Melvin C. Fredlund, GRF Board representative and ex-officio member. Also attending were Barbara S. Jordan, Vice President, and Mary Lou Delpech, Secretary, GRF; Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; Joan R. (Jo) Jones, Chairman, Aquatics Advisory Committee; and four residents.

Attendance

The report of the Committee's regular meeting of June 10, 2015, was accepted as presented.

Report
Approved

The Chairman welcomed both Ms. Herdering and Ms. Green on their new terms on the FCAC, and appointed Ms. Leonard as Vice Chairman, and Mrs. Smith as Secretary.

Chairman's
Welcome
and
Appointment
of Officers/
Staff
Report/

Ms. Henzel reported that all equipment is working well except for the Vibra Flex, which needs a special part.

The Publicity Subcommittee reported that it will continue preparing articles for the Rossmoor News, including the continuation of the Wall of Fame. Other articles will be submitted regarding deep water classes and one on the role that Fitness Center forms and waivers play, and why they are necessary.

Subcom-
mittee
Report

Discussion regarding the 2016 operating budget brought up the following issues: 1) concern over the cleanliness of the Fitness Center, 2) the possibility of obtaining technical support for data entry of resident information, and 3) current levels of staffing.

2016
Operating
Budget
Discussion

Mr. Matheson said that the hiring of staff for the renovated Del Valle complex will likely occur in the fall of 2016, after the budget planning process. However, he will provide cost estimates for additional custodial support, technical support for the front desk, what the cost impact would be to close one hour earlier, current levels of staffing, and what the costs would be for the recommendations made by The Sports Management Group. This information will be shared at the Committee's August meeting.

Fitness Center Advisory Committee
Regular Meeting


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July 8, 2015

The next regular meeting of the Committee will be held on Wednesday, August 12, 2015, in the Board Room at Gateway Complex. Next Mtg.
8/12/15

The meeting was adjourned at 12:25 p.m.

Adjourn-
ment



Claudia Tierney, Chairman
Fitness Center Advisory Committee

CT/kv

Attachment: Fitness Center Statistics