

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING

WEDNESDAY, FEBRUARY 8, 2017, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, February 8, 2017, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Catherine S. Herdering, Vice Chairman, Attendance Sherry S. Smith, Secretary, Carol A. Green, Charlotte A. Howard, Barbara Leonard, Virginia Lee Rapp, and Melvin C. Fredlund, GRF representative and ex-officio member. Also attending were Leslie Birdsall, President, and Mary Lou Delpech, Secretary, GRF; Timothy O'Keefe, CEO; Jeffrey P. Matheson, Director of Resident Services; Masha Henzel, Fitness Supervisor; and one resident.

The report of the Committee's regular meeting of January 11, 2017, was approved Report as written. Approved

The Chairman reported that there were 15,368 visits to the Fitness Center for Chairman's January 2017. There were almost 21,000 visits to the whole facility, 4,698 Report memberships, 1,944 unique scans, and 1,185 sign-ins.

Ms. Henzel reported that two treadmills were down and would not be replaced Staff before completion of the Del Valle Complex Renovation Project. Report

Mr. Matheson presented an update on the Del Valle Complex Renovation Project, Update on including handouts showing examples of how the layout might look. Three bids Del Valle arrived Monday, February 6, 2017, and all came in under budget. The bids and Complex financing options will be discussed at a special Finance Committee meeting on Renovation Friday, February 10th, at 9:00 a.m. in the Club Room at Creekside Complex. With Project the advice of staff and the Finance Committee, the GRF Board will be asked to award a contract at its mid-month meeting on Tuesday, February 14th, at 9:00 a.m. in Peacock Hall.

A contract with the company supplying the modular buildings for the temporary Temporary Fitness Center will need to be signed and City permits will need to be obtained Fitness before the modular buildings can be installed. Mr. Matheson estimated that the Facilities community will be without a fitness facility for approximately three weeks during the transition. Del Valle pools will need to be closed sporadically due to power interruption, construction delivery, etc. He pointed out that the Dollar and Hillside pools are scheduled to reopen March 1st. All information will be available on the Fitness Center website, which is currently being updated.

There was minimal discussion regarding an amendment to the Fitness Center rules and Pool rules to lower the minimum age for guests from eighteen to sixteen. Mr. Matheson pointed out that any motion will be conditional in that the Aquatics Advisory Committee (AAC) will also need to vote on a proposed amendment.

Amendment
to Fitness
Center
Rules and
Conditional
Motion to
Lower
Minimum
Age


Following discussion, a motion was made by Ms. Smith and seconded by Ms. Rapp to recommend to the GRF Board that the minimum age for guests to the Fitness Center be lowered from eighteen to sixteen, conditional upon the AAC approving a similar amendment to the pool rules. The vote on the motion was taken, and the motion CARRIED UNANIMOUSLY.

Per the suggestion of Ms. Green, should the amendment be adopted, it would not take effect until completion of the Del Valle Renovation Project.

The Chairman adjourned the meeting at 10:30 a.m.

Adjourn-
ment/
Next Mtg.
3/8/17

The next regular meeting of the FCAC will be held on Wednesday, March 8, 2017, at 9:30 a.m. in the Board Room at Gateway Complex.



Claudia Tierney, Chairman PJ
Fitness Center Advisory Committee

SSS/kv

Attachment: Fitness Center Statistics