

FITNESS CENTER ADVISORY COMMITTEE REPORT

REGULAR MEETING
WEDNESDAY, MARCH 11, 2015, AT 9:30 A.M.

A regular meeting of the Fitness Center Advisory Committee (FCAC) was called to order by the Chairman, Claudia Tierney, at 9:30 a.m. on Wednesday, March 11, 2015, in the Board Room at Gateway Complex.

Present, in addition to the Chairman, were Barbara Leonard, Vice Chairman, Catherine S. Herdering, Edson L. Montgomery, Virginia Lee Rapp, Sherry S. Smith, and Alice S. Lau, GRF Board representative and ex-officio member. Nancy Gracey Moschel was excused. Also attending were Geraldine Pyle, Vice President, GRF; and Jeffrey P. Matheson, Director of Resident Services. Attendance

The report of the Committee's meeting held on February 11, 2015, was accepted as presented. Report Approved

The Chairman reported that in February there were 1,388 total visits to the Fitness Center. The Chairman asked how the change in training fees has affected the numbers for personal training. Staff will provide this information next month, incorporating data from January through March. The small group review of equipment provided by new staff members is popular and feedback has been positive. There has been some confusion among residents attending, however, with some expecting training on the equipment rather than a simple description and demonstration. Chairman's Report

The Committee received a letter from resident Jiayi Zhou on access to the Del Valle Complex. He stated a preference for fingerprints, rather than a tag or card, because it is easy to forget or misplace these items, and people will be inconvenienced and frustrated. Correspondence

Mr. Matheson reported that the new Vibra Flex, purchased with funds donated by FORF before it disbanded, has been installed in the hallway. There is also a new Versa Climber in the hall. Two more Tru Elliptical machines, purchased with donated funds, are on the way; their placement has not been decided yet. Staff Report

Floor staff is creating more presence throughout the building.

During discussion, it was mentioned that the old FORF needs to be distinguished from the new group calling itself Friends of Fitness. This group is not a club despite its similar name, and it is not clear who belongs to it.

New articles for the Rossmoor News are in the works. Publicity

Jiayi Zhou spoke again about his preference for fingerprint access to the Complex.

Residents'
Forum

Roxanne Stallings requested help in pulling data from the Residents' Survey taken last year. She would like to ask the clubs who use Del Valle how a visitor fee and added club costs (due to the visitor fee) would impact them. How cost effective is the use of staff time, contract teachers, and the various classes and programs we offer? Present data does not address these questions.

Mr. Matheson commented that when Rossmoor clubs reserve rooms for classes only their members can attend, they can hire a teacher and charge a fee outside any arrangement with GRF, presenting a fairness issue for the contract teachers. This would make a good future discussion for the Committee.

An update regarding GRF Board action on controlled access and guest fees was given.

Unfinished
Business

The Active Network system has already been purchased and the GRF decided to phase it in at the main door of the Del Valle Complex but not at the pool. This does not give complete control, as people can still come in through the pool door, but it does get people used to the scanner. April 1st is the target date to begin the phase-in process. This plan has limited financial impact and allows the front desk staff to train on the system for the rest of March.

GRF is requesting further study on guest fees with the Del Valle consultant's input. Even though the fees are proposed only for the Del Valle Complex (gym and pools), not for Dollar or Hillside, there remains a potential for controversy.

Ms. Pyle pointed out the need to review GRF policy as it relates to guest fees in this situation. For example, what will happen to guests in classes offered through clubs?

Ms. Lau suggested that the joint Fitness and Aquatics Committee could make common recommendations on the guest fee issue. Also, the consultant will have input based on its study.

Mr. Matheson proposed that the joint committee ask the purpose of the guest fee. Once a goal is defined there may be other approaches besides a fee to accomplish it. For example, is the goal to limit numbers in the facility or classes? Are there issues at certain times of day or certain classes where problems occur? Are there ways we can address these issues besides charging fees for guests?

Mr. Matheson reported that The Sports Management Group began work February 27th. They were given binders of statistics and information on Rossmoor and the

New
Business

Del Valle Complex as well as a CD and the report of the Resident Task Force. They will review this material with staff this week. The architect arrives Friday, March 13th, for an overview and interviews will begin with GRF, instructors, and clubs involved with Del Valle. A joint workshop has been arranged with the FCAC and the Aquatics Advisory Committee. The Committees will give input on programs, facilities and their priorities for the renovation.

After processing the data provided, and collecting information from the involved groups, Sports Management will present three alternatives to GRF: a basic renovation, a high-end version, and a middle plan. It will make recommendations on programs and design to the Board, culminating with a plan and presentation at the end of August. Key dates will be publicized to the community with opportunities for input.


Issues and themes that will be addressed include ventilation, temperature, lockers, crowding, single access, class space and schedules, windows, and the varied needs and interests of a multi-generation adult community.

Because of the joint Committee meeting with the Aquatics Advisory Committee on April 15, 2015, there will be no FCAC meeting in April. The next regular meeting of the FCAC will be on Wednesday, May 13, 2015, at 9:00 a.m. in the Board Room at the Gateway Clubhouse.

Next Mtg.
5/13/15

The meeting was adjourned at 10:42 a.m.

Adjournment



Claudia Tierney, Chairman PJ
Fitness Center Advisory Committee

CSH/do