

**RULES SPECIFIC TO THE  
TICE CREEK FITNESS CENTER POOLS**

**HOURS OF OPERATION: (Subject to change)**

- Monday through Friday 6:00 a.m. – 9:00 p.m.  
(closed for cleaning Thursday's 6:00 a.m. – 1:00 p.m. April 1<sup>st</sup>-October 31<sup>st</sup>  
and 6:00 a.m. – 10:00 a.m. November 1<sup>st</sup> through March 31<sup>st</sup>)
- Saturday and Sunday 6:00 a.m. – 6:00 p.m.

**POOL TEMPERATURE:**

- The desired operating temperature for the Lap Pool is 81-84 degrees, 88 degrees or less for the warm water pool and 103 degrees or less for the spa.

**LANE LINE USE:**

- Lane use will be determined by the Aquatics Advisory Committee.

**SPA USE:**

- Spa safety rules are posted at the Spa.

**CELL PHONE USE:**

- No cell phone use in the Tice Creek Fitness Pool Complex.
- Exception – Lifeguards and other GRF staff/instructors.

**DEL VALLE ENCLOSED POOL ENVIRONMENTAL CONTROL GUIDELINES:**

- Adopted by the Aquatics Advisory Committee May 2010. A copy of the guidelines can be obtained from the Aquatics Supervisor, Head Lifeguard or Senior Lifeguard.

**EMERGENCY INFORMATION:**

- Use the phone in the lifeguard office and call 911 or Public Safety (9) 988-0693.
- Lifeguard Station Telephone: 988-7853.

**GENERAL POOL RULES:**

These rules adopted by the Aquatics Advisory Committee are in addition to and work in concert with the General Pool Rules R105 adopted by the Golden Rain Foundation.

## **RULES SPECIFIC TO THE DOLLAR POOL**

### **HOURS OF OPERATION: (When pool is open) Subject to change**

- Daily 6:00 a.m. – 8:00 p.m. (closed Wednesdays 6:00 a.m. – 1:00 p.m. for cleaning).
- Dollar pool is closed from November 1<sup>st</sup> through March 31<sup>st</sup>.

### **POOL TEMPERATURE:**

- The desired operating temperature is not to exceed 88 degrees.

### **BASKETBALL HOOP:**

- Residents and guests may use the basketball hoop unless there are other residents in the pool who request that play be suspended.

### **EMERGENCY INFORMATION:**

- Use the phone in the lifeguard office and call 911 or Public Safety 988-0693.
- Lifeguard Station Telephone: 930-8176.

### **GENERAL POOL RULES:**

These rules adopted by the Aquatics Advisory Committee are in addition to and work in concert with the General Pool Rules R105 adopted by the Golden Rain Foundation.

## **RULES SPECIFIC TO THE HILLSIDE POOL**

### **HOURS OF OPERATION: (When pool is open) Subject to change**

- Daily 6:00 a.m. – 8:00 p.m. (closed Tuesday 6:00 a.m. – 1:00 p.m. for cleaning).
- Family swim hours Monday, Wednesday, Thursday and Friday; - 11:00 a.m. to 1:00 p.m. Saturday, Sunday and major holidays - 11 a.m. to 2:00 p.m.
- Hillside pool is closed from November 1<sup>st</sup> through March 31<sup>st</sup>.

### **POOL TEMPERATURE:**

- The desired operating temperature is 82-84 degrees.

### **LANE LINE USE:**

- Lane use will be determined by Aquatic Advisory Committee and Staff as needed.
- Lanes 1 & 2 are not designated as lap swimming lanes in that the pool steps occupy the shallow water entry area.
- Lanes 3, 4, 5 and 6 are designated as lap lanes.

### **FAMILY SWIM RULES (APPLY DURING FAMILY SWIM HOURS):**

- Residents may bring family members. Resident must remain with their family members at all times.
- Non-swimmers must be within arms reach of a responsible adult at all times.
- Children swimming independently or using deep water must be able to pass a swim test if asked by the lifeguard.
- Non-swimmers are not permitted to use arm band floats, or other flotation devices not approved by the U.S. Coast Guard.
- Children are not allowed to use kick boards, aqua belts, and hand buoys.
- Children under 18 must leave the pool complex at the conclusion of family swim hours.

### **EMERGENCY INFORMATION:**

- Use the phone in the lifeguard office and call 911 or Public Safety 988-0693.
- Lifeguard Station Telephone: 934-4686.

### **GENERAL POOL RULES:**

These rules adopted by the Aquatics Advisory Committee are in addition to and work in concert with the General Pool Rules R105 adopted by the Golden Rain Foundation.